### November 30 – December 3, 2021

#### Day 1, November 30

0800 - 0830: Sign-in

0830 – 0900: Welcome, Introduction of Trainers (Carolyn Craig/Suellen Geis, CHAP)

09:00 – 0915: Course Overview, Workshop Agreements (Suellen Geis, CHAP)

0915 – 0930: Discussion – Why Do Students Want More Training in IPV? (Suellen Geis, CHAP)

0930 - 0945: Why Do CHAs Need Further Training in IPV? What Do We Hope to Accomplish with This

Training? (Suellen Geis, CHAP)

0945 - 1000: Break

1000 – 1100: Historical Trauma (Annie Mae Lee, TWC)

1100 - 1115: Break

1115 – 1215: Self-Care Activity and Lecture (Suellen Geis, CHAP)

1215 – 1315: Lunch

1315 – 1345: Self-Care (Annie Mae Lee, TWC)

1345 – 1415: Activity: What is a Healthy Relationship? Why Do Women Stay in Unhealthy

Relationships? (Suellen Geis, CHAP)

1415 - 1430: Break

1430 – 1530: What is Domestic Violence? (Annie Mae Lee, TWC)

1530 - 1630: Domestic Violence (Suellen Geis, CHAP)



CHAP = Community Health Aide Program; ALSC = Alaska Legal Services Corporation; TWC = Tundra Women's Coalition

#### Day 2, December 1

0800 - 0830: Sign-In

0830 – 0930: Legal Definition of Domestic Violence (Maggie Humm, ALSC)

0930 - 0945: Break

0945 – 1030: DV Practice Scenarios (Suellen Geis, CHAP)

1030 - 1045: Break

1045 - 1145: What is Sexual Assault? (Annie Mae Lee, TWC)

1145 - 1245: Break

1245 – 1330: Legal Definition of Sexual Assault (Maggie Humm, ALSC)

1330 - 1345: Break

1345 – 1430: CHA Role in Caring for Sexual Assault Survivors (Suellen Geis, CHAP)

1430 – 1445: Break

1445 – 1545: Advocate's Role – Sexual Assault (Annie Mae Lee, TWC)

1545 – 1600: Check-in, Self-Care Activity



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#### Day 3, December 2

0800 – 0830: Sign-In

0830 - 0915: Stalking (Maggie Humm, ALSC)

0915 - 0930: Break

0930 - 1030: Legal Issues (Maggie Humm, ALSC)

1030 - 1045: Break

1045 - 1115: Safety Planning in the CHAM

1115 – 1200: Types of Safety Plans (Eileen Arnold, TWC)

1200 - 1300: Lunch

1300 - 1330: Safety Plan Activity

1330 – 1700: Medical-Forensic Exam (Stephanie Wade, Providence Hospital)



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#### Day 4, December 3

0800 - 0830: Sign in

0830 – 0930: Services Provided by Shelters (Eileen Arnold, TWC)

0930 – 1000: Shelters Available in Alaska/ What if There is No Shelter in Your Community? (Suellen Geis,

CHAP)

1000 - 1015: Break

1015 – 1045: Shelter Activity

1045 – 1145: Confidentiality and Mandatory Reporting (Suellen Geis, CHAP)

1145 – 1245: Lunch

1245 – 1330: Behavioral Health (Suellen Geis, CHAP)

1330 - 1345: Break

1345 – 1445: Behavioral Health – Role of Advocates (Eileen Arnold, TWC)

1445 – 1500: Break

1500 – 1600: Wrap Up. Course Evaluation. Preview of Next Course. Interim Project.

