## 2021 Integrated Care Forum for Alaska's Health Aides

Cultivating Change: Deep Roots, New Growth

## AGENDA - AT- A - GLANCE

Thursday, May 6		Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
	9:00am - 10:15am	What is an Integrated Model of Care? Carolyn Craig, Dr. Xiomara Owens & Dr. Sarah Shoffstall-Cone		
	10:15am – 10:30am	15am – 10:30am Break		
	How Interactive Holograms Can Reduce the Social Stigma of 10:30am – 12:00pm  Behavioral Health Care in Alaska Native Communities Tim Collins & Jackie Engebretson			

Friday, May 7	Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
9:00am - 10:15am	Evidence, Barriers, and Considerations for Medication Assisted Treatment Amber Frasure	<b>Liver Disease</b> Dr. Brian McMahon	<b>Motivational Interviewing</b> Victoria Miller
10:15am – 10:30am			
10:30am – 12:00pm	We Are Healthy: Improving Community Health through Policy, Systems, and Environmental Change Dr. Carla Britton & Erin Peterson	Continued	Suicide Risk Assessment Teri Forst
12:00pm – 1:00pm	Break		
1:00pm-3:00pm	1:00pm-3:00pm Health Aide Awards Ceremony Valerie Nurr'araaluk Davidson, ANTHC Interim Preside		President

Thursday, May 13	Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
9:00am - 10:15am	Ethical Practice in Telehealth Casey Odell	CHAM Updates Shawna Hill Wilson & Tasha Hotch	Tobacco Use Prevalence & Cessation in Alaska Crystal Meade
10:15am – 10:30am	Break		
10:30am – 12:00pm	How to use Traditional Talking Circles to Heal from Current Challenges Amelia Simeonoff & Liz Sunnyboy	Prenatal Nutrition and Traditional Plants Margaret David	Integrated Care: Working with People who use Substances Annette Hubbard



## 2021 Integrated Care Forum for Alaska's Health Aides

Cultivating Change: Deep Roots, New Growth

## **AGENDA - AT- A - GLANCE**

Friday, May 14	Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
9:00am – 10:15am	Person-Centered Care: The Missing Piece to the Caries Risk Management Puzzle Dr. Doug Young	Improving Colorectal Cancer Screening Among Alaska Native People Dr. Diana Redwood	Protective Factors to Support Wellness Across the Lifespan Dana Diehl
10:15am – 10:30am	Break		
10:30am – 12:00pm	HPV and Oral Health Impacts Dr. John Kokesh	How to Communicate Effectively with Difficult People Beverly Holmes	Journaling for Self Care and Mental Health Victoria Miller
12:00pm – 1:00pm	Break		
1:00pm – 4:00pm	Sustaining Health through Traditional Plant Harvesting  Marcia Anderson  *Limited to 25 participants		

Thursday, May 20	Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
9:00am - 10:15am	Minimally Invasive Dentistry in the Age of COVID Dr. Doug Young	Sugar in the Arctic: The Arctic Variant of CPT1A and Congenital Sucrase Isomaltase Deficiency Dr. Matthew Hirschreld	That Feeling You Have is Grief: Managing Strong Emotions in a Time of COVID Sharon Fishel & Patrick Sidmore
10:15am – 10:30am	Break		
10:30am – 12:00pm	Continued	Motivational Interviewing Victoria Miller	Beading Together is Healing Together Amelia Simeonoff
12:00pm — 1:00pm		Break	
1:00pm – 2:00pm	Virtual Networking	Presentation on Retirement Options and its Importance Veritas Wealth Management	

Friday, May 21	Caiggluk (Stinkweed)	Ayuk (Labrador Tea)	Nitsih (Rosehip)
9:00am – 10:15am	Privacy and Confidentiality: Clinical, Ethical, and Legal Considerations Johnathan Guerrero	An Invitation to Self-Care Nicole Tracy	<b>Dual Relationships</b> Dr. Sarah Angstman
10:15am – 10:30am	Break		
10:30am – 12:00pm	Integrated Care Team Case Studies Health Aide Team		

