



Alaska total cases:	374
US total cases:	1,219,066
World total cases:	3,904,476

# CHAP Weekly Update

May 8, 2020

## Tips for Doing a Home Visit



### Re-entering the clinic

- Follow regional guidelines for
  - Cleaning gear
  - Handling specimens
  - Cleaning clinic and vehicle
- Shower and put clean pair clothes
- Wash home visit clothing in hot soapy water

### Leaving the house

- Outside the house, doff PPE into trash bag at your doffing station
- Keep bags separate: a bag for disposables and a bag for equipment that will be cleaned
- After containing all material, put bags on the floor of vehicle

### Home visit

- Set up equipment on a chux or bag
- Roll down edges of bags so you can reach in without touching the outside of the bag
- Take material out and put back in bags immediately. Do not leave it in patient's house
- Use two biohazard bags for all specimens
- Give patient education before leaving

### 1 Preparation: gather your supplies before you need them

- Make a PPE "go bag" (2 sets of PPE) in case something tears or gets dropped on the ground
- Use Ziplock® bags to cover your shoes
- Don't forget trash bags and hand sanitizer
- Prepare labs for the specific patient

### 2 Gearing up

- Put all gear in a plastic bags - nothing loose
  - One bag for VS machine
  - Include a small Ziplock® bag with a pen, and sticky note for VS
- Another bag for labs, other gear

### 3 Entering the home

- Set up a Doffing station outside the home with trash bag and hand sanitizer
- Put on PPE, if windy, face into the wind when putting on your gown
- Only take in the house things that can be cleaned or thrown out
- Warn patient you will be in full PPE with shoes covered
- Always be respectful and kind

### Save the Date

**Next Session:** May 13 at 12:10 pm; Dr. Sarah Shoffstall-Cone will be speaking about COVID-19 and Dental Care



Thanks to Karissa Carroll, CHP from Ruby Alaska for her presentation on May 6, 2020

### Continuing Education [AKCHAP.org](http://AKCHAP.org)

#### New CE Courses

- ❖ Emergencies in Pregnancy
- ❖ Respiratory Problems
- ❖ Clinical Breast Exam and Hormone Medicines
- ❖ Chronic Care Arthritis, Caregiver Stress and Pain Medicines
- ❖ Newborn
- ❖ Emergency Preparedness



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Let us know what you think! [aka-CHAPCOVID-19weeklyupdates@anthc.org](mailto:aka-CHAPCOVID-19weeklyupdates@anthc.org)  
Send questions for presenters and each other, and suggest topics for discussion.