

*"It is not the strongest of the species that survives, nor the most intelligent, but the one most responsive to change."*

*~ Charles Darwin*



# CHAP Weekly Update

July 17, 2020

## Telehealth in the Alaska Tribal Health System

### What is AFHCAN?

**Alaska Federal Health Care Access Network (AFHCAN)** is an ANTHC program, originally funded by a federal grant, that put 250 telemedicine carts in villages for store-and-forward telemedicine.

Today, AFHCAN supports and provides:

- AFHCAN software on carts, web and mobile devices
- Expanded video telemedicine to clinics and homes
- Training and integration with Cerner and mobile applications



### Changes Brought by COVID-19

- Patient care has become more challenging, with clinic closures and limited appointments.
- Travel is restricted to and from Anchorage, hub communities, and villages.

### Telehealth Solutions

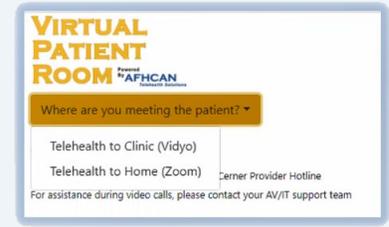
#### Direct Home Visit Connectivity



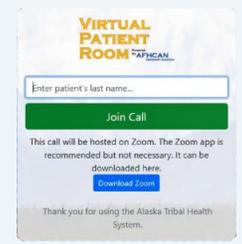
- Using Zoom, patients can connect to any clinic – Health Aide clinic, regional clinic or specialty clinic
- Safe, secure and HIPAA compliant (This is not the same as the public Zoom)
- Available on shared Cerner. If your region is not on shared Cerner, talk with your IT people about secure ways to conduct video visits
- Visit must be started using link in Cerner:

Virtual Patient Room V2

**Provider View:**



**Patient View:**



#### Patient in a Clinic / Referral Dr. in Another Clinic

What if the video visit takes place with the patient in the clinic and the referral doctor or specialty doctor in another clinic?

- Usually you will use VIDYO or the same platform as you have in the past

#### Tips For Video Telemedicine Visit



- Practice using the equipment before the visit
- Ask about labs **before** the visit, so everything is ready
- Document in the patient's chart: how the visit happened (by VTC), where the patient was (i.e., at home) who all was on the VTC (i.e., patient, family, provider) and where they all were (i.e., clinic name)
- Health Aides might use direct-to-patient VTC for COVID-19 screening, follow-up or recheck visits.



Thanks to Cindy Roleff for her presentation on telemedicine.

### Save the Date



#### Day of week change!

Starting July 21, the noon conference will be on Tuesdays.

**Next Session:** July 21 at 12:10; Drs. Joe McLaughlin and Anne Zink will discuss what is going on in Alaska around COVID-19.

Let us know what you think! [aka-CHAPCOVID-19weeklyupdates@anthc.org](mailto:aka-CHAPCOVID-19weeklyupdates@anthc.org)  
Send questions for presenters and each other, and suggest topics for discussion.



Worldwide Infections:	13.6 million
US Infections:	3.53 million
Alaska Resident Infections:	1,693

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## AFHCAN Store-and-Forward: Using the AFHCAN Cart

## Need Help?



- ❖ Take pictures, send notes, get consultation from a specialist
- ❖ Cases are created on a cart, if linked to a Cerner record, and will be imported to patient's chart
- ❖ **AFHCANweb** is primarily used for travel and for VTC arrangements, if not on shared Cerner
- ❖ **AFHCANmobile** is mostly used for capturing images into an AFHCAN case. Can be uploaded into shared Cerner. Images taken with AFHCAN software are secure and don't get saved to camera roll.

- ❖ [Resources for Medical Professionals in the ATHS](#) or contact the ANTHC Telehealth Department directly at 729-2260
  - Do you have questions about the best way to get a picture of the ear or a skin problem?
  - Questions about how to get your images into Cerner?
  - Questions about how to use the cart, web or mobile?
  - Questions about how to use a device?
- ❖ Need more information or training on the virtual patient room? Please call the Telehealth Department at 729-2260.
- ❖ Want to [print information about scheduling and using VTC?](#) (linked to *Week 13 Resources on the ANTHC Distance Learning Network. Log in required.*)
- ❖ Other helpful printable resources in the resource folder for this CE: [Week 13 Telemedicine in the Time of COVID-19 and Beyond](#).
- ❖ As always, first follow your regional guidelines for patient care and connectivity.

 **AFHCANmobile** App is available for you in the [Apple Store](#) or [Google Play](#). You need an AFHCAN ID and log in from your IT department.

## The Future

## CHAP on Facebook



- ❖ Things are changing rapidly. ANTHC Telehealth is here for you and wants to make sure everyone is aware of the tools available to them and how to use them.
- ❖ Look for more training in the future – for both new CHAs and to update current CHAPs.
- ❖ Reach out to the Telehealth Department and let them know your training needs, ideas, roadblocks and solutions:

[www.facebook.com/groups/AlaskaCommunityHealthAidesPractitioners](http://www.facebook.com/groups/AlaskaCommunityHealthAidesPractitioners)

- Telehealth Department phone: 729-2260
- Cindy Roleff: [cjroleff@anthc.org](mailto:cjroleff@anthc.org)



## Continuing Education



Check out all of the CE options available at [AKCHAP.org](http://AKCHAP.org)  
**Remember!** You can get CEs for attending the weekly teleconferences.

## Patient App in Development

## CE Courses

A patient app is currently under development to help patients find housing and travel to Anchorage. The app will provide a live, interactive map of the [ANTHC shuttle routes](#), including where each bus is located. Stay tuned!

- ❖ Emergencies in Pregnancy
- ❖ Respiratory Problems
- ❖ Clinical Breast Exam and Hormone Medicines
- ❖ Serious Injuries, Stroke, Seizure Awareness and Medicines
- ❖ Newborn
- ❖ Emergency Preparedness

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