



Cancer Conversations

Thursdays, February 1 - April 5, 2018
12:00 to 1:00pm



Want to learn more about cancer while you eat your lunch?

We have 10 Cancer Conversation webinars that are being held every Thursday during the noon hour. These free webinars are open to Alaska Community Health Aides, Community Health Practitioners, Community Health Aides, Community Health Workers, and Behavioral Health Aides. Each webinar is approved for 1 hour of CHA/P continuing education. Learn ways to prevent cancer, decrease cancer risks, and if diagnosed with cancer to live well along the cancer journey. Topics we will cover:

Feb 1	Cancer Basics	Melany Cueva, Cancer Educator, shares about commonly used terms related to cancer.
Feb 8	Cancer and Our Genes	Maggie Miller, Genetics Counselor, shares about the relationship between cancer and genes.
Feb 15	Self-care as Health Care Provider	Rona Johnson, Palliative Care Nurse, shares pathways to self-care as a health care provider.
Feb 22	Cancer Epidemiology	Sarah Nash, Cancer Surveillance Director, shares how to interpret cancer incidence and mortality data among Alaska Native people.
Mar 1	Cancer Survivorship	Laura Revels, Sr. Manager & Storytelling Trainer, shares how to provide comfort and support for people diagnosed with cancer.
Mar 8	Recommended Colon Screening	Diana Redwood, Senior Epidemiologist, shares the importance of prevention and early detection of colon cancer.
Mar 15	Nutrition and Physical Activity	Katie Cueva, Assistant Professor, UAA, shares about nutrition and ways to reduce cancer risks.
Mar 22	Tobacco and Cancer	Crystal Meade, Tobacco Manager, shares the harmful effects of tobacco and how to support people to quit tobacco.
Mar 29	Loss and Grief	Peggy McMahan, CHAP Instructor, shares common feelings and physical responses associated with the grieving process.
Apr 5	Story as Health Messaging	Laura Revels, shares how story can be used as a health messaging tool.

To register email ljrevels@anthc.org by the Monday before the webinar you want to attend, and you will be emailed the link to the webinar on the day of the class. Come join us for one session or all!

Dance of Life



Cancer Education for Alaska Community Health Aides

Any questions? Feel free to contact one of the instructors:

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