

Community Health Aide Association
November 14, 2017 at 10 a.m.
Agenda



Participants:

Andy McLaughlin, President	Linda Davis, Vice President	Wasseline Andrew, Secretary
ANTHC Statewide Services	eCHAM	Distance Learning
DHAT	BHA	All Health Aides

Teleconference: 1-877-446-3914 Passcode: 6227374#

Agenda Item	Time	Speaker
Roll Call <ul style="list-style-type: none"> • Declare Quorum 	10:00 a.m.	Secretary
Standing Business <ul style="list-style-type: none"> • Approve Agenda • Approve Previous Meeting Minutes 	10:05 a.m.	President
Reports <ul style="list-style-type: none"> • ANTHC Statewide CHAP • Distance Learning Network • Training Center Update • eCHAM • Certification Board 	10:10 a.m.	Tim Jeter Tasha Hotch
Program Updates <ul style="list-style-type: none"> • Behavioral Health • Cancer Education • CISD • Dental Health • EMS • UAF 	10:20 a.m.	
Sub Committee Reports <ul style="list-style-type: none"> • CHAP Directors 	10:35 a.m.	President
Unfinished Business (Parking Lot Items) <ul style="list-style-type: none"> • CHAP Forum • Recruitment 	10:40 a.m.	President
New Business	10:45 a.m.	President
Area Reports	10:50 a.m.	CHA Members
Announcements <ul style="list-style-type: none"> • Conferences • Job Vacancies 	10:55 a.m.	CHA Members
Adjourn Next Meeting: December 12, 2017 at 10 a.m.		

Community Health Aide Association
October 17, 2017
Teleconference

Chair: Andy McLaughlin		Recorder: Tasha Hotch		Minutes Issued: Date sent to Attendees	
MEMBERS:		Present = P		Absent = A	
				Excused=E	
Andy McLaughlin, President	P	Yvonne Howard (BH Eagle)	P	Tasha Hotch (ANTHC)	P
Linda Davis, Vice President	P	Miranda Petruska (SCF, ANC)	P	Rachel Clinton? (Aniak)	P
Wasseline Andrew, Secretary	A	Barbara (St. George) APIA Nurse Practitioner	P	Savannah (Sitka- Dental Health Therapist)	P
Tim Jeter (Interim Director) 11:02 a.m.	P	Katie- Gullivan	P	Samuel Carl? 10:10	P
Mary Malamute (Koyokuk) 10 :14	P	June McGlashin (Nikolksi) 10:42	P	Reena & Patricia-Klpnik	P

Summarized To Do List From This Meeting (and Carry-Over from Last Meeting)

When	Who	What
October 17, 2017	Tasha Hotch	Update www.akchap.org with Election Information
In the next few weeks	Miranda Petruska	Will be starting a Cerner Workgroup. Contact her for more information.
Ongoing	Rebecca Moore-Pazdernik	Contact Rebecca to share CHAP Forum Ideas.
Ongoing	Leah Woolard	Contact Leah for questions about CHAP Statewide Services.
Ongoing	Andy McLaughlin	Contact Andy to get a copy of the CISM List, or upcoming trainings, or with forum topic suggestions.


Topic	Discussion	Action Taken / Next Steps
Standing Items:		
1. Approve / Modify Agenda	Yvonne Motion to Approve Agenda and Minutes. Savannah from Sitka Second	Approved.
2. Review Minutes of last meeting	Same as Agenda, Combined motions and seconds with Agenda Approval.	Approved.
3. CHAA Overview and Attendance	We highly value and seek input from all CHAPs, BHAs, and DHAs. CHAP Directors statewide assisted approx. 1 yr ago in updating their CHAP contact list information.	

Meeting Notes

Work team (Projects) & Committee Updates:	Discussion	Action Taken / Next Steps
4. Statewide Services	http://www.akchap.org/html/calendar/chap-training-sessions.html upcoming sessions are on this website Shining Star and Rising Star nominations are always open. Leah Woolard is the contact for Statewide Services. Again the CHAA Recognized the shining star, Rising Star,	Leah Woolard, Program Administrator Direct: (907) 729-4584

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<i>Work team (Projects) & Committee Updates:</i>	<i>Discussion</i>	<i>Action Taken / Next Steps</i>
	and Outstanding Accomplishment awardees from 2017 Forum. ARC had a train the trainer event Leah Woolard developing a 5 question survey to give to CHAPS.	
5. Distance Learning	Shane Southwick is no longer with ANTHC 76 CHA completed session 4 There has been combined efforts of session I & II, wrapping up by December.	Tim Jeter new Interim Director
6. Electronic Health Record Issues	Women's reproductive health information in the CHAM. Add VTC Encounter (Katie) shouldn't need to add a new note, when doing vitals and diagnosis. Miranda referenced CHAP Directors and Raemona Howard and Tracy Jackson should be presenting a workgroup.	Tracy is working in cerner. They need to make a vote before the changes can be made. Miranda is initiating the Cerner Workgroup. If you have suggestions contact Miranda. First meeting planned in next few weeks.
7. Basic Training	Efforts are statewide. Around Barrow and Maniilaq	
8. eCHAM	Update on Revisions, Training, and User Information. Now using CHAM content version 4.6 There was some down time for the iPad app if you were using iOS 11. The app had to be rebuilt which took approximately three weeks.	Report Attached.  CHAA_2017_October_CHAM_Report.pdf
9. Election Update	54 voters voted electronically at CHAP Forum, count by R. M-Pazdernick. Website, says elections happen every year, it's actually held every two years. Andy has been unable to contact Wassilene Andrew via multiple phone or e-mail attempts.	Tasha will update website.
10. Certification Board	Bill Shriener is no longer with KANA, stepped down from chair at June meeting. Mary Willard now chair, main representative of dental, big push for national expansion. Andy Reviewed the Cert Board Rep seat positions and who occupies each of them.	No questions or concerns for Certification Board.
11. Subcommittees	Previous inquiry to AFN, could they help with funding for increasing rehab efforts and services due to Rural Migration of newer street drug use now seen in villages. History has proven that providing rehab is most effective at combating the problem, rather than punishing the user.	
12. Drug Changes and Epidemics	How is the CHAM going to adapt to these challenges, and the changing environment.	Ongoing discussion with Clinical Directors every quarter.

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13. CHAP Directors	Post session learning needs form being developed. Updates to Metric system for Medicines UAF pricing changes Medicaid update APU-health aides might start staying there instead of across the street. May have courses offered just for health aides. Telemed cases may experience new rules for reimbursement options.	
14. Back Burner Topics	Health Aide Associations 2 health aides per clinic <ul style="list-style-type: none"> • Safety • Less Burn out • Less travel and raining expenses Take Extra CME hours in case some of their hours are not approved at the Cert board meeting and you could end up being shy the minimum number required. CHAPs should always continue to maintain their post session learning logs. This is due to transition, and computer challenges, it's in your best interest to keep your own copy.	
15. Behavioral Health	Sandra Klevins is Certification Board rep. Alicia Ambrosio and Sherry Pacarea are new additions for the BH support to Certification Board. Yvonne- Health Aide Forum in November was cancelled and postponed to May 2018, then moved now to November 2018. Approx. 50% of the behavioral health aides are certified. Robert Onders is an advocate. Hiring Instructors and elder co-instructors They are working on an adult BHAM, projected by the end of the year. Yvonne helping with this. Previous BHAM was restricted to pediatric use due to funding source. 2 new and 4 recerts at June Cert Brd Mtg BH often submitting amendments and additions for applications, improvements to S&Ps, new trainings for BH CE, recommendations to the Cert Brd for approval. BHA competencies and evaluation tools being updated by end of year. BHARC has 4 BHAs and 5 Clinician members. By 2018, BHA training will include AAS degree.	Recommendation to update outdated information in SMP.
16. Dental Health	Representative on Certification Board is Dr. Mary Willard (now acting chair). Work towards associates of applied science degree. Will model after health aide program and do a shining star award.	None.

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	<p>Approval of silver diamede over fluoride varnish. Dental health aides are allowed to use this. Several THOs using it, others adopting use.</p> <p>Programs are opening up in other states for dental health aides to be employed there. MN, AZ, MI and OH so far. American Academy of Dental Therapists recognize DHAs. DHARC has quarterly meetings.</p>	
17. EMS	<p>EMT Certifications are done online. New procedure on skills check off. Pediatric-2 hours. Opioid overdoses drug law passed SB 23"village health aides" listed as providers.</p> <p>Naloxone.</p> <p>Federal funding did not come through for facilitator meeting.</p> <p>Registration open for South Region EMS symposium coming up Nov 8-11.</p> <p>Symposium in Fairbanks March 21-24, 2018</p> <p>Also SREMSC on April 18-21 in Haines</p> <p>Any provider (including CHAPs) can call ANMC-907-297-8809 or Providence 908-212-3133, due to joint effort of "Pediatric Medical Direction" to speak with an intensivist for emergent care advice on recently hospitalized or high risk children.</p>	
18. CHAP Forum	<p>Rebecca's message: "We have set the dates of March 26-30, 2018 for forum... It will be held at ANTHC...an exciting year as we celebrate the 50th Anniversary of the CHAP Program..." She is open to any suggestions we might have for how to celebrate it. Hats, jackets. T-shirts perhaps?</p> <p>CHAA is instrumental in suggestion of topics and presenters for CHAP Forum. New:</p> <ul style="list-style-type: none"> • How to create a CHAM Assessment Chart in Cerner. • Tobacco Cessation • Information about seasonal defective disorder • Safety Concerns for Health Aides, self-defense? The role health aides play at a scene when no VPSO is available • Catastrophic Event Response, earthquake, tsunami, flood • Mass casualty incidents/ school shooting preparedness. • Pandemic outbreak response for rural Alaskan caregivers. • Chronic Pain Management • Motivational Interviewing 	<p>If you have topic ideas they can go to Rebecca Moore-Pazdernik</p>

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	<ul style="list-style-type: none"> • Street Drugs • Cerner Information • Self-Care and Stress Management** • Seasonal Affective Disorder in the patient and caregiver. • Mentoring new health aides. • Provide a talking circle/debriefing opportunity. <p>Previous suggestions included: Tobacco cessation knowledge and motivational interviewing skill development for how to assist patients to identify triggers, purchase patterns, social enabling, the most common relapse factors, availability reduction techniques, etc. How to best teach tobacco use prevention for effectiveness at schools. Sleep disorders- Dr. Clay Triplehorn is interested in presenting from FAI Memorial Hospital- suggested to CHAA by Lisa Alexia- PA Geriatric medicine Diabetes Ed Cerner Ed, how to find proper diagnosis when we are limited to cham assessments from charts that are not included in the billing list we are only able to use? Stress management for caregivers</p>	
19. Training Center	<p>Increased Capacity for distance learning evolved from demand for slots in session trainings, it is more expensive than in person trainings, but was necessary in the aftermath of SEARHC closing the Sitka Training Center Session IV may turn into 1 in-person week</p>	
20. UAF	<p>CHAP Directors were notified by Linda Curda to update files. New UAF registration, grading, and Payment Processes established. CHAPs have 2 courses available by distance.</p>	<p>907-350-0342 lrcurda@alaska.gov</p>
21. Cancer Education	<p>Course work available on line. 3 Credits Melany Cueva working with Laura Revels sends CHAA announcements to forward to membership. End of 5 yr grant from NCI. Flyer was sent out 10/17/17.</p>	<p>729-2441 mcueva@anthc.org or lrevels@anthc.org 729-2906</p>
22. CISM	<p>Critical Incident Stress “Debriefing” terminology changing to “Management”. Team of Volunteers...CHAPs for CHAPs list was sent out to CHAA membership 10/17/17 (was updated in June). CHAA always open to suggestions for ways to promote</p>	<p>List updated 5.18.17 and emailed by Andy M.</p>

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	CISM for health aides. The Volunteer list is often changing with new names added and older obsolete names omitted.	
23. Vacancy Reporting	<p>Aleknagik, Akwok,Alatna, Atkasuq, Anuktuvik Pass, Arctic Village, Atka, Akutan, Adak Chitina,Chugachmiut for CHA II or higher, Clarks Point, Chalkyitsik, Circle Diomedede,Dot Lake Ekwok False Pass Gakona- 7.5 hours a day and no call Healy Lake Iguiugig Kaltag,King Salmon,Kokhonak, King Cove, Larson Bay, Levelok, Nanwalek, Nelson Lagoon, Nuiquisit, Norton Sound villages, Nunam Iqua, Nondalton Point Hope, Point Lay, Platinum, Pilot Point, Shishmaref, St George, South Naknek, Stevens Village, Sand Point, Tyonek- 1 health aide and a BHA Tuluksak,Togiak Yakutat (Mid-levels and CHAPS) YKHC 25 openings in many villages with clinic closed</p>	YKHC needs to send a list, there are many clinics that are closed because there are no health aides.
24. Strategic Planning	<p>Many EHRs are not linked to VACTRAC Statewide Requests to have Cerner more aligned with the CHAM. Cerner goes to Vac trak, but nor the other direction. Vac trak does not include shots given out of state.</p> <p>How to encourage health aides to not smoke to role model the way for their patients. Health aides who do smoke don't typically ask the tobacco questions. How to ask youth about tobacco information on best way to deliver prevention messages to their peers. Lack of assistance available today for recognition that some kids want to quit but lack local resource availability and opportunity to get assistance. E-cigarettes adding candy type flavors to target the younger population. Lack of resources in rural Alaska. (June: do we know the dangers of e-cigs?)(Andy mentioned the gas vapors are smaller and penetrate deeper into the lungs, users are guinea pigs and time will tell. Smoked nicotine and chemical attach to a larger molecule that vapor and are more easily caught</p>	Information available about ecigs on ANTHC website.

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	<p>by cilia in the bronchioles rather than vapor going deeper so tar gets to the aveolar sacs) (Katy: read an article that ecigs contain nicotine, and is still harmful. They may quit smoking, but increase the use of ecigs) Ecigs are now the gateway drug source to chronic use of real cigarettes. Nationwide federal interest in developing CHAP Programs in lower 48 states. Cerner need to be modified to closer reflect the eCHAM.</p> <p>CHAP Grant lost, decreasing Travel for CHAPs of all THOs. Decrease in Funding statewide.</p> <p>More online training can save money on travel. Miranda in a work group to address Cerner problems. CHAPs are called upon to care for local elders, but step out of CHAP role and scope of practice trainings, such as assisting with dialysis or other non cham related care. THOs need to address to councils the scope of practice health aides are responsible for.</p> <p>Telemed cases becoming less reimbursable may cause a decrease in use resulting in less effective patient care by CHAPs, and a consequent increase in superfluous patient travels may result as the system "Robs Peter to pay Paul".</p>	
25. Conferences and Trainings	<p>Trainings can be found online at www.akchap.org Remember SREMSC has Anchorage Symposium Nov8-11, 2017. Registration open now.</p>	<p>Or you can contact Andy by email to get a list of what's available.</p>
26. Area Reports	<p>Golovin-no report from Katy at this time. Sitka, nothing to report Kipnik-No report from Patricia and Rita Eagle- No report from Yvonne SCF- Miranda is new Director and supports 52 RASU communities. Aniak-Rachel is there a statewide EMS training?- Andy mentioned SREAMS (ANC and Haines) and the symposium in FAI too. St. George-Barbara found meeting to be interesting. No Health aides in the office, and we will be hiring one, and looking at get more information. Apologized for calling in late, appreciated all of the information and says iPads need updated. Koyokuk-Mary has no report, everything is going good.</p>	<p>None.</p>

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	<p>Nikolski-June nothing to report. Been giving out some flu shots.</p> <p>Distance Learning-Tim says team is finishing out development of combined session 1 & 2 and should be wrapping up December with first cohort, there are three cohorts going through together.</p>	
27. Adjourn	Loose Roberts Rules of Order to encourage participation, so we adjourn with a time recorded and no motions and seconds.	Next meeting is scheduled for 10 am Tuesday November 14, but may be moved due to weather challenges. Adjourned at 11:25 a.m.



Products

Website can be found at <https://access.echam.org>. Requires a username and password to get access. All personalization's made to the CHAM using the website are housed on the CHAM server, and saved to your profile.

iOS application can be found in the Apple App Store. Requires a username and password to access content. All personalization's made using the iCHAM are stored on the app until connected to the Wi-Fi and pushed to the server using the "check for updates" selection from settings. Personalization's can be made from the website or the iPad app and are shared between them.

ePub is an electronic book that can be downloaded on any e-reader device. The download does require use of a CHAM username and password. The e-book does allow personalization's however they are saved locally on your copy only, and when content is updated a new version needs downloaded, and the previous version is obsolete.

PDF is an electronic file that allows you to have access to all the CHAM content. It requires a CHAM username and password to access. It can be loaded onto any device that allows you to open and read a PDF file. Similar to the ePUB as updates occur a new version must be downloaded.

Revision

Recent revisions have included an update to the telehealth section, and the Emergency Preparedness section. Phone numbers and processes were updated in both areas. The most current version of content is 4.6, last updated on September 18, 2017.

Future revisions that are currently in process include: Bleeding, c-a-b medical assessment, Choking Guideline, CPR, Emergency Childbirth-EFH, Emergency Childbirth-PCV, Hypothermia, Near Drowning, and Tourniquet. These are currently in our quality control environment being reviewed by content experts.

Future revisions that are in process with content experts but not yet in the quality review site include: Skin and Soft Tissue, Pediatrics, Medicines and Pharmacy transition from lbs. to kg.

Feature update with the CHAM, regional notes has been successfully tested. A memorandum of agreement is in development for those regions that will be taking advantage of this feature. Training for how to use this feature is not yet available, but will be online for those selected to be Regional Notes Administrators. This will allow for notes to be deployed from one account and shared to all CHAM user accounts of the same region.

Training

Online training is available for the CHAM at www.akchap.org. Select the CHAM tab, and from the drop down menu there are handouts as well as training videos available. Instructor led training is available every other month online, hosted by the CHAM Program Manager, Tasha Hotch.

Resources are also available on our [YouTube channel](#). Videos include how to log into your eCHAM, how to download your iCHAM, and several videos about how to use the various products.

Manager training will be offered in February of 2018. It is advertised from the CHAM tab on www.akchap.org and the registration link is active. There is no cost to attend the three day training, however, it must be approved by your manager, and travel arrangements made through your organization.

The full calendar year for 2018 is currently in development and will be published by the end of October 2017. Class dates can be found on the training page, or in the chap calendar.

Communication

Email is our primary communication source, however, as people change organizations their email becomes out of date. When a new content revision occurs we send out an email communication. We also post information on the homepage of www.akchap.org, or [Facebook Page](#), and on the eCHAM banner. If you are not receiving notices, please check your junk mail folder in outlook, and add echam@anthc.org to your trusted contacts.

We are looking to improve communication, if you have ideas please share them with the CHAM Program Manager at tjhotch@anthc.org.

The Numbers

- CHAM accounts: 1,476
- Facebook followers: 153
- QA accounts: 190